

# THE TEN COMMANDMENTS TO SUCCESS IN EXAMS & LIFE



## 1. Have a 'Big Picture'. Decide in advance what you want to achieve...

If you don't know what you want to achieve - HOW do you know when you've got there?

*Eg. 2 x A's, 7 x B's in exams etc...*

## 2. Why?...

If your reason 'why' is strong enough - then you've got a great chance of getting there... BUT, when obstacles appear (and they will!) and your reason 'why' is not strong enough - you'll give up before you even started !!

*Eg. I want to be an utter success and run my own business*

## 3. Have a plan...

How will you get there... it can't just be random !!

*Eg. 2 hours on monday, 1 hour on tuesday & wednesday, 2 hours thursday*

## 4. Make it a daily priority to achieve what it is that you want...

You actually have to do things to get to where you want to... make it a priority.

*Eg. Talk to Alex about... Complete task X before...*

## 5. Use proven techniques – Mind Map, revision techniques, work smart etc...

Make life easy for you - don't make it too tough for yourself

*Eg. Mind map, speed read*

## 6. Reward yourself...

Give yourself a reward for small successes NOT just at the end... you're human - you need to feel good about your progress... you're not a machine !!!

*Eg. Chocolate bar or night out with friends*

## 7. Don't be afraid to make mistakes...

This is how you learn... so be brave and stop playing it safe all the time.

*Eg. Try that thing... Talk to that person... Have a go!!*

## 8. Get rid of your excuses!!

There is no tickbox on the exam paper or in your 'life' for your EXCUSES !!

*Eg. 'I forgot'... or 'it's not my fault' won't wash !!*

## 9. Believe in yourself...

You will be YOUR biggest fan in your life - so believe it !! This is the fuel you will need in your life to get you through... You'll need positive 'mind talk'

*Eg. Get enthusiastic, be passionate about and say "Well done me !!"*

## 10. Do it !!

Doing nothing will achieve nothing !! FACT... and tomorrow is too late...

*Eg. If you don't - someone else will !!*

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Changing students lives