

THE WEEKLY WORD

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http://www.lawrencesheriffschool.net/weekly-word

First Word ... from John Gaffin, Head of Modern Foreign Languages

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This November, twelve members of staff and a number of students in years 11-13 will be growing moustaches as part of the Lawrence Sheriff Movember campaign to raise awareness of men's health issues amongst our students. It is personally one of the things I find most rewarding about my job, because I genuinely believe that our work has a huge impact on our students, helping them to live longer and healthier lives. Over the years, our campaign has grown in size and stature, and the Movember foundation recognise our contribution as a school on their website:

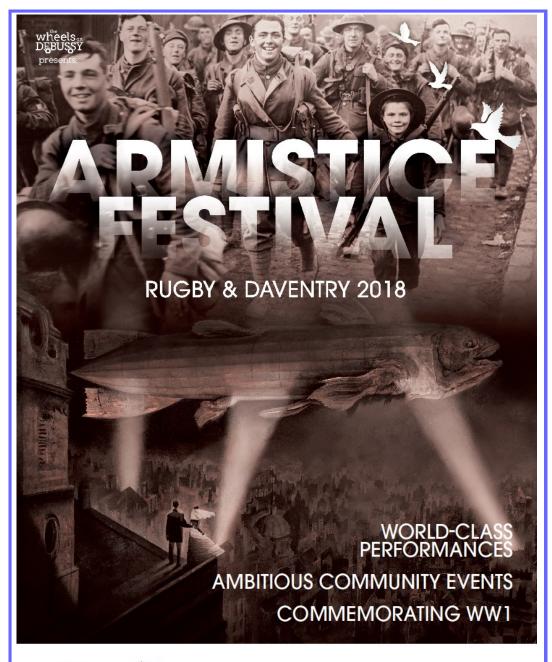
https://uk.movember.com/news/11695/how-to-bring-movember-to-life-in-your-school/?search-scope=global&category_id=3

The Movember foundation seeks to raise awareness about prostate cancer, testicular cancer, physical inactivity, and poor mental health, and encourages men to check in regularly with friends and family, take exercise, and to talk about their problems more openly. At Lawrence Sheriff, we try and incorporate each of these key areas and address them throughout the month. We've invited a local GP to come and lead assemblies to our students on general health issues and about cancer awareness. There will be a staff vs students netball match in the first week of Movember and in subsequent weeks house netball competitions to reinforce the importance of exercise as part of a healthy lifestyle. Representatives from Wasps netball team have also agreed to visit the school. We'll also be raising awareness of mental health including suicide prevention. As a society we are getting better at speaking out about these issues and having suffered from bouts of depression for over 20 years, I know as well as anybody the impact that mental illness can have on someone's life and the strategies and actions that can be helpful. Through assemblies, poster campaigns and daily notices, I hope that students will subsequently have a greater understanding of mental health and the support networks available.

The other aspect of our campaign is raising money towards Movember and we are hoping to exceed the £2200 we made last year. With that in mind, we have organised our 'Blue Day,' which will take place on Thursday 29th November. As part of this, we are having a 'Blue non-uniform day,' where students will be encouraged to make a voluntary contribution of £1 and will be allowed to wear predominantly blue non-uniform (including jeans / hoodies). On Blue Day, there will also be a cake sale and many other activities. I am also looking to organise a Movember raffle including prizes such as the opportunity to be a mascot at a Wasps rugby match. Finally, the staff doing Movember (the so-called 'LSS MoBros') have set up a fundraising page, and any contributions to this would be extremely welcome (http://moteam.co/lss-mobros). John Gaffin

Shopping online?

Access your favourite retailer via: http://www.easyfundraising.org.uk/causes/lawrencesheriffschoolpta













More info & booking: www.thewheelsondebussy.com

Parent Consultation Evenings

Insight is now used for parents to book appointments.

If you experience any login issues please email; lssinsight@lawrencesheriffschool.com

Year 12 Parent Consultations - Thursday 8th November

Booking is currently open to parents and will be closed on: **Monday 22nd October.** Appointments may then be added by Subject Leaders or Mrs Halestrap, Head of Sixth Form. Once finalised the schedules will be emailed out to parents by:

Friday 26th October.

Year 7 Parent Consultations - Thursday 15th November

Booking will be opened to parents on **Monday 22nd October**, and will remain open for one week. After half term, appointments may then be added by Subject Leaders, the Pastoral department or Mrs Poppa, Head of year.

Once finalised the schedule will be emailed out to parents by:

Friday 9th November.



TABLE TENNIS



Lunchtime Sessions:

Wednesday: year seven club members only (Lawrence Sheriff School) Friday: club and school team members only (Lawrence Sheriff School)

Club Sessions:

Wednesday 6.30 pm—9.00 pm (Lawrence Sheriff School) Sunday 10.00 am - 12.00 pm (Hill Street Community Centre)

Try them out - first two are free!

See the website for more info: www.RugbyTableTennisClub.NET

Don't throw those old clothes out!

The Parents' Association and Eco Committee are collecting for



What can I donate? High street and designer women's, men's, babies and children's clothing, outerwear, underwear, pairs of shoes (tied together), accessories including hats, belts and bags, put in Clothes Aid bags.

Besides clothing, we also collect the following items of household goods and bric-a-brac:

Sports equipment
Jewellery
Ornaments and trinkets
Children's toys and games
Paired curtains

Duvet covers and pillow cases
Mobile phones and tablets
Books
CDs and DVDs
Pots and pans

Digital cameras
Towels and bath mats
Stationery and notepads
Paintings and antiques
Hand tools

Cutlery and crockery
Board games
Kitchenware
Pet accessories
Household linen

Collection bags will be sent out by the school this week.

Full bags can be delivered into school from November 5th

Collection will be morning of November 9th

For more information email parents@lawrencesheriffschool.com

